ALENAR

SALA CONNECTA

DILLUNS	DIMARTS	DC.	DIJOUS	DIVENDR.	DISSABTE	DIUMENGE
09:45 - 10:45 **Ioga adults (Satyam Yoga) (Máx 10)**	07:00 - 08:00 **Ioga adults (Satyam Yoga) (Máx 10)**	18:15 - 19:15 **Ioga adults (Satyam Yoga) (Máx 10)**	07:00 - 08:00 **Ioga adults (Satyam Yoga) (Máx 10)**	19:00 - 20:00 **Pràctica meditació PDS (Máx 20)**	10:00 - 11:00 **Ioga adults (Satyam Yoga) (Máx 10)**	
18:15 - 19:15 **Ioga adults (Satyam Yoga) (Máx 10)**	18:15 - 19:15 **Ioga adults (Satyam Yoga) (Máx 10)**	19:30 - 20:30 **Ioga adults (Satyam Yoga) (Máx 10)**	09:45 - 10:45 **Ioga adults (Satyam Yoga) (Máx 10)**			
19:30 - 20:30 **Ioga adults (Satyam Yoga) (Máx 10)**	19:30 - 20:30 **Ioga adults (Satyam Yoga) (Máx 10)**		18:15 - 19:15 **Ioga adults (Satyam Yoga) (Máx 10)**			
			19:30 - 20:30 **Ioga adults (Satyam Yoga) (Máx 10)**			

15/03/2026